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THE POLYCLINIC BALLARD



Eileen Chang, MSN, FNP-C - Family Medicine

Eileen earned her master's degree in nursing at Texas Woman's University. She is a family nurse practitioner, and her interests include patient education especially in diabetes, hypertension, and hyperlipidemia management.



Ruby Farooqi, MD - Family Medicine

Dr. Farooqi earned her medical degree from Government Medical College in Srinagar, India, and completed her residency in family medicine at Mercy Health Partners Family Practice in Toledo, Ohio. Her interests include diabetes, hypertension, and management of other chronic diseases.



Gary Rosen, MD - Family Medicine

Dr. Rosen earned his medical degree from New York University. He completed a residency in family medicine at the University of Washington where he also held a fellowship in psychiatry, anthropology, and family medicine. His interests include preventive medicine, orthopedics, and management of chronic and multiple conditions.



Mena Salib, MD, MBA - Family Medicine (Starts August 2019)

Dr. Salib received his medical degree from St. George's University School of Medicine in Grenada, West Indies. He completed his internal medicine residency at Eisenhower Health in Rancho Mirage, Calif.

THE POLYCLINIC DOWNTOWN



Paula Arciaga, DO - Internal Medicine (Starts July 2019)

Dr. Arciaga received her medical degree at A.T. Still University School of Osteopathic Medicine in Mesa, Ariz. She completed her internal medicine residency at Broward Health Medical Center in Fort Lauderdale, Fla. Before joining The Polyclinic, Dr. Arciaga was a primary care physician at Holy Cross Medical Group in Fort Lauderdale.



Phillip Arnold, DO - Family Medicine

Dr. Arnold received his medical degree from Des Moines University in Iowa. He completed his residency in family medicine at the University of Wisconsin in Madison and completed his fellowship training in sports medicine at Virginia College of Osteopathic Medicine at Virginia Tech. Dr. Arnold has special interests in preventive and acute care for all ages, non-pharmaceutical/lifestyle modification approaches to medical issues, sports medicine, concussion management, wilderness and travel medicine.



Jenna Green, ARNP - Internal Medicine

Jenna earned her master's degree in nursing from University of North Dakota. She provides preventive care and urgent visits, as well as treatment for asthma, type 2 diabetes, hypertension, and minor skin conditions.



Shane Jhooty, MD - Family Medicine

Dr. Jhooty earned his medical degree at St. George's University School of Medicine in Grenada, West Indies. He completed his family medicine residency training at the University of Texas Southwestern in Dallas and also completed University of Arizona's Integrative Medicine in Residency Training program. His interests include lifestyle medicine and incorporating evidence-based integrative medical approaches.



Leslie Bailey, MD - Internal Medicine

Dr. Bailey received her medical degree from the University of Texas Health Science Center in Houston. She completed her residency in primary care/internal medicine at George Washington University Hospital in Washington, D.C. Her interests include women's health and lifestyle/behavioral modification.

THE POLYCLINIC DOWNTOWN...continued



Mark O. McCabe, MD - Internal Medicine

Dr. McCabe received his medical degree from Pritzker School of Medicine at the University of Chicago. He completed an internship and residency in internal medicine from the University of Washington. He specializes in chronic disease, medical nutrition, and the importance of exercise and stress reduction.



Cynthia Smyth, MD - Internal Medicine

Dr. Smyth received her medical degree from Jefferson Medical College at Thomas Jefferson University in Philadelphia, Penn. She completed her internal medicine residency at The University of Washington. Before joining The Polyclinic, she practiced at Minor and James Medical for nearly 15 years. Her interests include preventive medicine and chronic conditions like diabetes and hypertension.

THE POLYCLINIC MADISON CENTER



Mark Anstadt, ARNP, AAHVMS - Internal Medicine

Mark earned his master's degree in nursing from the University of Washington Family Nurse Practitioner program. He also holds a bachelor's degree in nutrition from Bastyr University in Kenmore, Wash. His interests include chronic disease management, preventive medicine, and HIV medicine.



David Cameron, MD - Internal Medicine

Dr. David Cameron earned his medical degree at the University of Kansas. He completed his internal medicine residency at the University of Cincinnati and Albany Medical Center. Dr. Cameron's practice includes primary care, preventive medicine and geriatrics. He enjoys helping patients prevent and manage chronic conditions including hypertension, high cholesterol, and diabetes.



Will Curchin, ARNP - Family Medicine

Will received his master's of science degree in nursing from Seattle University and is a certified family nurse practitioner. He enjoys caring for patients with both acute health concerns and chronic conditions such as diabetes, hypertension, and high cholesterol.



Theodore "Theo" Edwards, MD - Family Medicine

Dr. Edwards received his medical degree from American University of the Caribbean School of Medicine. He completed his family medicine residency at Hennepin County Medical Center in Minneapolis, Minn. Dr. Edwards provides comprehensive primary care for all ages with special interests in integrative health, sports medicine, and preventive medicine.



Khaled Elghonemy, MD - Internal Medicine

Dr. Khaled Elghonemy received his medical degree from Cairo University in Egypt. He completed his first residency training in internal medicine and gastroenterology in Egypt. He completed his residency training in internal medicine at The Wright Center in Scranton, Penn. Dr. Elghonemy's special interests are preventive medicine, diabetes, high blood pressure, high cholesterol, smoking cessation, osteoporosis, men's health, mental health, and liver and gastroenterological diseases.



**Vanessa Herring, DO - Family Medicine
Family Medicine with OB**

Dr. Herring received her medical degree from Lake Erie College of Medicine in Bradenton, Fla. and completed her residency at Central Washington Family Medicine in Yakima, Wash. Dr. Herring provides full-spectrum family medicine with special interests in obstetrics, women's health, preventive medicine and osteopathic manipulative medicine.

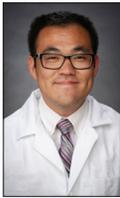


Vesna Jamboric, MD - Internal Medicine

Dr. Jamboric received her master's degree from the University of Belgrade Medical School in Yugoslavia. She completed her internal medicine residency at St. Joseph Mercy Oakland Hospital in Pontiac, Mich. Dr. Jamboric provides comprehensive primary care to adults of all ages and enjoys treating patients with acute and chronic illness. Her special interests are preventive medicine and integrative medicine.

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THE POLYCLINIC MADISON CENTER...continued



Akira Kobayashi, MD - Family Medicine
Family Medicine with OB

Dr. Kobayashi graduated as a member of the medical honor society Alpha Omega Alpha from Loma Linda University School of Medicine in 2015 and completed his residency at Swedish Family Medicine – First Hill in 2018. Dr. Kobayashi practices the full scope of family medicine and has a special interest in addiction medicine (suboxone), obstetrics, psychiatric care, musculoskeletal injuries, and outpatient procedures.



Maura O'Connor-Lenth, ARNP - Family Medicine

Maura received her Master of Science in Nursing from Seattle Pacific University. Maura's primary interest is to provide effective care for both acute and chronic illness while promoting preventive medicine to optimize long-term wellness.



Rebecca Ruud, MD - Internal Medicine

Dr. Ruud received her medical degree from the University of Washington School of Medicine. She completed her internship at Virginia Mason Medical Center in Seattle. Dr. Ruud uses evidence-based medicine to serve patients of all ages. She performs many in-office procedures.



Jacklyn Spiegelberg, DNP, ARNP - Internal Medicine

Jacklyn received her nursing degree from Oregon Health & Sciences University in Portland. She received her doctorate in nursing practice from the University of Washington. Jacklyn's special interests include preventive medicine, chronic disease management, and gerontology.

THE POLYCLINIC NORTHGATE PLAZA...continued



Elissa Freudenberg, PA-C - Internal Medicine

Elissa earned her master's degree in Physician Assistant Studies from Oregon Health & Science University in Portland, Ore. Elissa provides comprehensive primary care with an emphasis on prevention, diagnosis, and management of chronic diseases.



Claire A. Frost, MD - Family Medicine

Dr. Frost received her medical degree from the University of Vermont Larner College of Medicine in Burlington. She completed her residency at Swedish Family Medicine – First Hill in Seattle. Her interests include women's health, sports medicine, and chronic medical conditions.



Brianna Garvie, PA-C - Family Medicine

Brianna received her master's in physician assistant studies at the University of Washington after working in the field for four years. Her interests include preventive medicine, well-child visits, geriatrics, diabetes education, skin biopsies and sutures.



Geraldine Lee, ARNP - Family Medicine

Geraldine received her master's degree in nursing from Seattle University. She received her certificate in midwifery from Seattle Midwifery School (now Bastyr University). Her interests include managing acute and chronic conditions, health disparities, prenatal and postpartum care, reproductive health, and cesarean healing.



Rebecca Simons, MD - Family Medicine

Dr. Simons earned her medical degree from Tufts University School of Medicine in Boston, Mass. and completed her residency at Valley Medical Center in Renton, Wash. She has special interest in women's health, pediatrics, and diabetes.



Rachael Schuessler, MD - Family Medicine

Dr. Schuessler received her medical degree from the Medical School for International Health and Medicine in Beersheva, Israel in collaboration with Columbia University. She completed her residency at Mercy Medical Center's Merced Family Practice in Merced, Calif. Dr. Schuessler cares for entire families.



Kimberly L. Vanderzee, MD - Family Medicine
Family Medicine with OB

Dr. Vanderzee earned her medical degree from the University of Michigan Medical School in Ann Arbor. She completed her residency in family medicine at Swedish Family Medicine Residency, First Hill in Seattle. Her interests include reproductive health, obstetrics, LGBT health, and teen health.

THE POLYCLINIC NORTHGATE PLAZA



Andrea J. 'Annie' Ball, MD - Internal Medicine

Dr. Andrea 'Annie' J. Ball received her medical degree from the University of Washington and completed her internal medicine residency at the University of Washington and Virginia Mason medical centers. Dr. Ball provides comprehensive care, including diagnosing and managing chronic disease, helping patients stay up-to-date on preventive health, and tackling any acute concerns that arise.



Anne M. Barnard, MD - Family Medicine
Family Medicine with OB

Dr. Barnard received her medical degree from University of Massachusetts Medical School, and completed her family medicine residency at Kaiser Permanente Washington in Seattle. Dr. Barnard provides full-spectrum family medicine and has special interests in obstetrics, women's health, LGBTQ care, and office-based procedures, as well as integrative medicine and nutrition.



Jessica Cabodi, MD - Family Medicine

Dr. Cabodi received her medical degree from the University of Washington School of Medicine and completed her residency at Valley Medical Center in Renton. She practices full-spectrum family medicine for newborns, children and adults and performs many in-office procedures.



Reshma Desai, DO - Internal Medicine

Dr. Desai earned her medical degree at Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Fla. She completed her internal medicine internship and residency at Plaza Medical Center of Fort Worth, Texas. She provides comprehensive primary care and her interests include diabetes, high cholesterol, and high blood pressure.