Primary Care Providers Accepting New Patients at The Polyclinic

Current as of June 2018

For help choosing a doctor who is right for you call our patient support team at 206.329.1777

THE POLYCLINIC BALLARD

Eileen Chang, MSN, FNP-C* - Family Medicine
Eileen earned her master's degree nursing at Texas Woman's University in nursing. She is a family nurse practitioner, and her interests include patient education especially in diabetes, hypertension, and hyperlipidemia management.

Ruby Farooqi, MD* - Family Medicine
Dr. Farooqi earned her medical degree from Government Medical College in Srinagar, India, and completed her residency in family medicine at Mercy Health Partners Family Practice in Toledo, Ohio. Her interests include diabetes, hypertension, and management of other chronic diseases.

Gary Rosen, MD* - Family Medicine
Dr. Rosen earned his medical degree from New York University. He completed a residency in family medicine at the University of Washington where he also held a fellowship in psychiatry, anthropology, and family medicine. His interests include preventive medicine, orthopedics, and management of chronic and multiple conditions.

THE POLYCLINIC DOWNTOWN

Leslie Bailey, MD*- Internal Medicine
Dr. Bailey received her medical degree from the University of Texas Health Science Center in Houston. She completed her residency in primary care/internal medicine at George Washington University Hospital in Washington, D.C. Her interests include women's health and lifestyle/behavioral modification.

Grace Chao, PA-C* - Family Medicine
Grace earned her master's degree in physician assistant studies from Medical University of South Carolina in Charleston. Her interests include preventive health, exercise and nutrition, pediatrics, and women's health issues.

Jenna Green, ARNP*, Internal Medicine
Jenna earned her master's degree in nursing from University of North Dakota. She provides preventive care and urgent visits, as well as treatment for asthma, type 2 diabetes, hypertension, and minor skin conditions.

Shane Jhooty, MD* - Family Medicine
Dr. Jhooty earned his medical degree at St. George's University School of Medicine in Grenada, West Indies. He completed his family medicine residency training at the University of Texas Southwestern in Dallas and also completed University of Arizona's Integrative Medicine in Residency Training program. His interests include lifestyle medicine and incorporating evidence-based integrative medical approaches.

Mark O. McCabe, MD* - Internal Medicine
Dr. McCabe received his medical degree from Pritzker School of Medicine at the University of Chicago. He completed an internship and residency in internal medicine from the University of Washington. He specializes in chronic disease, medical nutrition, and the importance of exercise and stress reduction.

Cynthia Smyth, MD* - Internal Medicine
Dr. Smyth received her medical degree from Jefferson Medical College at Thomas Jefferson University in Philadelphia, Penn. She completed her internal medicine residency at The University of Washington. Before joining The Polyclinic, she practiced at Minor and James Medical for nearly 15 years. Her interests include preventive medicine and chronic conditions like diabetes and hypertension.

Kelly Thompson, PA-C* - Family Medicine
Kelly earned her undergraduate degree from Dickinson College in Carlisle, Penn. and her physician assistant certificate at Saint Vincent Catholic Medical Centers. Her interests include sexual medicine, type 1 diabetes, and travel medicine.

THE POLYCLINIC MADISON CENTER

Mark Anstadt, ARNP, AAHIVMS* - Internal Medicine
Mark earned his master's degree in nursing from the University of Washington Family Nurse Practitioner program. He also holds a bachelor's degree in nutrition from Bastyr University in Kenmore, Wash. His interests include chronic disease management, preventive medicine, and HIV medicine.

Betsy Brown, MD* - Family Medicine
Dr. Brown earned her medical degree from the University of North Carolina in Chapel Hill, and completed her residency in Family Medicine at Providence Family Medicine Center. She has special interests in women's health, adolescent medicine, and LGBT health.

Susan Baumgaertel, MD* - Internal Medicine
Dr. Baumgaertel received her medical degree from the University of Washington School of Medicine and completed her residency at the University of Washington Department of Medicine. Her interests include preventive medicine, women's health, and osteoporosis.

Christopher Chan, MD* - Family Medicine
Dr. Chan earned his medical degree and completed his family medicine residency at the University of Alberta Medical School. His interests include chronic conditions, joint injections, toenail and mole removal, cosmetic injections, and chemical peels.

Darcy Constans, MD* - Family Medicine
Dr. Constans received her medical degree from the University of New Mexico and completed her residency training at Swedish Medical Center-Cherry Hill in Seattle. She is skilled in evidence-based Mind-Body medicine.

Chloeanne Georgia, MD* - Internal Medicine
Dr. Georgia earned her medical degree from the University of Virginia School of Medicine in Charlottesville. She completed her internship and residency in internal medicine at Alpert Medical School at Brown University, Rhode Island Hospital in Providence. Her interests include women's health, geriatric medicine, and weight/lifestyle management.

Joni Ghoromley, ARNP* - Internal Medicine
Joni earned her master's degree in nursing from the University of Tennessee in Knoxville. Before joining The Polyclinic, Joni worked as a family nurse practitioner at Newcastle Primary Care/UW Valley Medical Clinic, Health South (now US Healthworks), and Pacific Medical Center in Renton, Wash. Her interests include preventive care, chronic disease management, and diagnosis and treatment of acute illnesses and injuries.

Marc Gonchar, MD - Internal Medicine
Dr. Gonchar earned his medical degree from Mount Sinai School of Medicine in New York. He completed his internship and residency in internal medicine at Mount Sinai Hospital. His interests encompass all areas of adult internal medicine, smoking cessation, and sports medicine.

Michael S. Grabinski, MD, MPH* - Family Medicine
Dr. Grabinski earned his master's in public health from St. George's University School of Medicine in Grenada, West Indies. He completed his family medicine residency at St. John Hospital & Medical Center in Detroit, Mich. He offers procedures including IUD insertions, skin biopsies, mole removals, and joint injections.

Akira Kobayashi, MD* - Family Medicine
Family Medicine with OB - Starts Sept. 2018
Dr. Kobayashi graduated as a member of the medical honor society Alpha Omega Alpha from Loma Linda University School of Medicine in 2015 and completed his residency at Swedish Family Medicine – First Hill in 2018. Dr. Kobayashi practices the full scope of family medicine and has a special interest in addiction medicine (suboxone), obstetrics, psychiatric care, musculoskeletal injuries, and outpatient procedures.

Physicians marked with an asterisk* are those who are currently accepting new patients on Medicare plans (Medicare Part B).
Most Polyclinic physicians accept most Medicare Advantage plans (Medicare Part C).
### Primary Care Providers Accepting New Patients at The Polyclinic

**THE POLYCLINIC MADISON CENTER...continued**

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<th>Name</th>
<th>Specialties</th>
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<tr>
<td><strong>Jeffrey R. Meehan, MD</strong> - Internal Medicine</td>
<td>Dr. Meehan earned his medical degree from Baylor College of Medicine in Houston, Texas and completed both an internship and a residency in internal medicine at the University of Washington. He specializes in internal medicine with a focus on preventive medicine.</td>
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<td><strong>Antonius G. Mulia, MD</strong> - Internal Medicine</td>
<td>Dr. Mulia earned his medical degree from Tufts University School of Medicine. He completed his residency in internal medicine and ambulatory medicine at Good Samaritan Hospital and St. Helen's Clinic, both in Portland, Ore. He specializes in internal medicine with emphasis in preventive medicine.</td>
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<td><strong>Vicki Schaub, ARNP, NP-C, FNP</strong> - Internal Medicine</td>
<td>Vicki earned her master's degree in nursing at Gonzaga University in Spokane, Wash. She provides preventive care, urgent visits, and chronic disease management.</td>
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<td><strong>Patrizia Showell, MD</strong> - Internal Medicine</td>
<td>Dr. Showell received her Doctor of Medicine from Tulane School of Medicine in New Orleans, La., and went on to complete her residency at the internal medicine department of Santa Clara Valley Medical Center in San Jose, Calif. and her chief residency at St. Mary’s Medical Center in San Francisco. Her interests include adult onset diabetes, hypertension, congestive heart failure, and preventive medicine.</td>
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<td><strong>Sam Taagen, MD</strong> - Internal Medicine</td>
<td>Dr. Taagen earned his medical degree from the University of Wisconsin School of Medicine and Public Health. He completed his residency at Oregon Health and Science University. His interests include sports medicine and the prevention, diagnosis, and treatment of acute and chronic conditions.</td>
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<td><strong>Ronald O. Watson, MD</strong> - Internal Medicine</td>
<td>Dr. Watson earned his medical degree at the University of Alabama School of Medicine. He completed his internship and residency in internal medicine at the University of Washington School of Medicine. His interests include preventive medicine, physical and mental health, chronic conditions, and sports medicine.</td>
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| **Mary B. Weiss, MD** - Family Medicine | Family Medicine with OB  
Dr. Weiss received her medical degree from the University of Washington Medical School. She completed her family medicine residency at Providence Hospital/Sea Mar Community Health Center. Her specialties include pediatrics, geriatrics, and obstetric care. |

### THE POLYCLINIC NORTHGATE PLAZA...continued

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| **Andrea J. ‘Annie’ Ball, MD** - Internal Medicine | Starts Sept. 2018  
Dr. Ball received her medical degree from the University of Washington and completed her internal medicine residency at the University of Washington and Virginia Mason medical centers. Dr. Ball provides comprehensive care, including diagnosing and managing chronic disease, helping patients stay up-to-date on preventive health, and tackling any acute concerns that arise. |
| **Reshma Desai, DO** - Internal Medicine | Dr. Desai earned her medical degree at Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Fla. She completed her internal medicine internship and residency at Plaza Medical Center of Fort Worth, Texas. She provides comprehensive primary care and her interests include diabetes, high cholesterol, and high blood pressure. |
| **Vanessa B. Edrich, MD** - Family Medicine | Dr. Edrich received her medical degree from the University of California, Los Angeles School of Medicine. She completed a residency in family medicine in Fresno, Calif., where she was chief resident. She has a special interest in women's health. |
| **Elissa Freudenberg, PA-C** - Internal Medicine | Elissa earned her master's degree in Physician Assistant Studies from Oregon Health & Science University in Portland, Ore. Elissa provides comprehensive primary care with an emphasis on prevention, diagnosis, and management of chronic diseases. |
| **Claire A. Frost, MD** - Family Medicine | Dr. Frost received her medical degree from the University of Vermont Larner College of Medicine in Burlington. She completed her residency at Swedish Family Medicine – First Hill in Seattle. Her interests include women's health, sports medicine, and chronic medical conditions. |
| **Bianna Garvie, PA-C** - Family Medicine | Bianna received her master's in physician assistant studies at the University of Washington after working in the field for four years. Her interests include preventive medicine, well-child visits, geriatrics, diabetes education, skin biopsies and sutures. |
| **Geraldine Lee, ARNP** - Family Medicine | Geraldine received her master's in nursing from Seattle University. She received her certificate in midwifery from Seattle Midwifery School (now Bastyr University). Her interests include managing acute and chronic conditions, health disparities, prenatal and postpartum care, reproductive health, and cesarean healing. |
| **Scott McIntyre, MD** - Family Medicine | Dr. McIntyre received his medical degree from the University of Washington School of Medicine and completed his residency at Providence Medical Center. His practice includes all areas of primary care for adults and children, including reproductive health. |
| **Rachael Schuessler, MD** - Family Medicine | Dr. Schuessler received her medical degree from the Medical School for International Health and Medicine in Beersheva, Israel in collaboration with Columbia University. She completed her residency at Mercy Medical Center’s Merced Family Practice in Merced, Calif. Dr. Schuessler cares for entire families. |
| **Rebecca Simons, MD** - Family Medicine | Dr. Simons earned her medical degree from Tufts University School of Medicine in Boston, Mass. and completed her residency at Valley Medical Center in Renton, Wash. She has special interest in women's health, pediatrics, and diabetes. |
| **Kimberly L. Vanderzee, MD** - Family Medicine | Family Medicine with OB  
Dr. Vanderzee earned her medical degree from the University of Michigan Medical School in Ann Arbor. She completed her residency in family medicine at Swedish Family Medicine Residency, First Hill in Seattle. Her interests include reproductive health, obstetrics, LGBT health, and teen health. |

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