In January, The Polyclinic launched the first walk-in, immediate care clinic at our Northgate Meridian location. Polyclinic Now offers same-day care for common illnesses and injuries seven days a week. Patient care is provided by nurse practitioners Elizabeth Goldberg, PhD, ARNP and Quy Nguyen, ARNP, FNP-C. Patients can see a provider with or without an appointment and do not have to be established Polyclinic patients. Unlike some same-day and retail clinics, no additional facility fees will be charged.

Conditions treated include:
- colds, flu
- body aches/pain/swelling
- bone breaks and sprains
- fever
- headaches
- heartburn
- joint pain/swelling
- nausea
- rash/hives/minor skin irritations
- shortness of breath
- wellness services: contraception, sports physicals, travel medicine, vaccines
- wound/injury

Diagnostic imaging and lab services are available onsite.

Dr. Berg performs Mohs surgery in his office on an outpatient basis. In many cases, with proper documentation, patients do not need an initial consultation with Dr. Berg before surgery. Dr. Berg is located at The Polyclinic Nordstrom Tower, Suite 1090, and can be reached at 206.860.5595.

To provide comprehensive services to patients with skin cancer, The Polyclinic welcomes Dr. Daniel Berg, a local, fellowship-trained dermatologic surgeon. With more than 20 years of experience in the field, Dr. Berg has performed more than 15,000 Mohs and reconstructive surgeries. Mohs surgery, also known as micrographic surgery, delivers outstanding cosmetic results, has the lowest recurrence rate of any skin cancer treatment method, and offers the highest chance of a complete cure.

Mohs surgery is useful for skin cancers that:
- Develop on areas where preserving cosmetic appearance and function are important
- Have recurred after previous treatment or are likely to recur
- Are located on scar tissue
- Are large
- Have edges or borders that are hard to define
- Grow rapidly

Dr. Berg performs Mohs surgery in his office on an outpatient basis. In many cases, with proper documentation, patients do not need an initial consultation with Dr. Berg before surgery. Dr. Berg is located at The Polyclinic Nordstrom Tower, Suite 1090, and can be reached at 206.860.5595.

If you have patients that need to be seen after hours or on the weekend for low-acuity conditions or wellness visits, we appreciate your referrals. Polyclinic Now nurses will provide your office with detailed notes on the encounter, keeping you updated on your patient’s medical history.

Diagnostic imaging and lab services are available onsite.

To provide comprehensive services to patients with skin cancer, The Polyclinic welcomes Dr. Daniel Berg, a local, fellowship-trained dermatologic surgeon. With more than 20 years of experience in the field, Dr. Berg has performed more than 15,000 Mohs and reconstructive surgeries. Mohs surgery, also known as micrographic surgery, delivers outstanding cosmetic results, has the lowest recurrence rate of any skin cancer treatment method, and offers the highest chance of a complete cure.

To provide comprehensive services to patients with skin cancer, The Polyclinic welcomes Dr. Daniel Berg, a local, fellowship-trained dermatologic surgeon. With more than 20 years of experience in the field, Dr. Berg has performed more than 15,000 Mohs and reconstructive surgeries. Mohs surgery, also known as micrographic surgery, delivers outstanding cosmetic results, has the lowest recurrence rate of any skin cancer treatment method, and offers the highest chance of a complete cure.

To provide comprehensive services to patients with skin cancer, The Polyclinic welcomes Dr. Daniel Berg, a local, fellowship-trained dermatologic surgeon. With more than 20 years of experience in the field, Dr. Berg has performed more than 15,000 Mohs and reconstructive surgeries. Mohs surgery, also known as micrographic surgery, delivers outstanding cosmetic results, has the lowest recurrence rate of any skin cancer treatment method, and offers the highest chance of a complete cure.
The Polyclinic Physical Medicine Department offers acupuncture services to Polyclinic patients and the general public. Services are provided by Diana Ferdaña, ARNP, RN, EAMP. Diana has a master of nursing degree from Seattle University and a master of acupuncture degree from the Northwest Institute of Acupuncture and Oriental Medicine. She's certified by the National Council for Acupuncture and Oriental Medicine (NCCAOM) and is a nurse practitioner specializing in physical medicine. She's also a member of the Washington East Asian Medicine Association.

Patients can schedule an appointment at The Polyclinic Madison Center and Northgate Meridian locations by calling 206.860.5470.

### Acupuncture Services

Diana sees a range of patients to treat dozens of common disorders including:

- Anxiety
- Arthritis—large and small joint
- Bursitis—hip, shoulder, knee
- Carpal tunnel syndrome
- Chronic sinusitis
- DeQuervain's tenosynovitis
- Fibromyalgia
- Headache pain
- Labor induction
- Low- and mid-back pain
- Menstrual pain and irregularity
- Migraine
- Morning sickness
- Muscle tension
- Neck pain
- Neuropathy
- Repetitive stress injuries
- Sciatica
- Sports injuries
- Sprains/strains
- Stress
- Tendonitis—ie: ‘tennis elbow, golfer’s elbow’

### New Polyclinic Specialty Physicians

**Daniel Berg, MD – Mohs Surgery**

**Location:** The Polyclinic Nordstrom Tower, Suite 1090  
**Phone:** 206.860.5595  
**Board Certification:** American Board of Dermatology

**Education:** Dr. Daniel Berg received his medical degree from the University of Toronto. He completed a dermatology residency at Duke University in Durham, N.C. and a fellowship in dermatologic surgery at the University of Toronto. He also completed a fellowship in Mohs surgery at the University of British Columbia.

**Elizabeth Chan, MD – Cardiology**

**Location:** The Polyclinic Madison Center  
**Phone:** 206.860.2302  
**Board Certification:** American Board of Internal Medicine; subspecialty Boards of Cardiology, Echocardiography and Nuclear Cardiology

**Education:** Dr. Chan earned her medical degree from the Rutgers Robert Wood Johnson Medical School in N. J. and completed her internal medicine residency at UCLA Medical Center. She completed her cardiology fellowship at the University of Washington Medical Center.

**Caroline Gore, AuD – Audiology**

**Location:** The Polyclinic Madison Center  
**Phone:** 206.860.4642  
**Education:** Dr. Gore earned her audiology degree from the University of Washington in Seattle.

**Saima Kamran, MD – Rheumatology**

**Location:** The Polyclinic Madison Center  
**Phone:** 206.860.5580  
**Board Certification:** American Board of Internal Medicine; subspecialty Board of Rheumatology; Board Eligible

**Education:** Dr. Kamran received her medical degree from Sind Medical College in Karachi, Pakistan. She completed her internal medicine residency at the North Shore Long Island Jewish Health Systems, Hofstra University School of Medicine, Forest Hills Hospital, in Queens, New York. Dr. Kamran completed her rheumatology fellowship at the University of Washington in Seattle.

**Nels Sampatacos, MD – Orthopedics**

**Location:** The Polyclinic Madison Center  
**Phone:** 206.860.5578  
**Board Certification:** American Board of Orthopedic Surgery

**Education:** Dr. Nels Sampatacos received his medical degree from the University of Arizona College of Medicine. He completed his orthopedic surgery residency at the University of Washington /Harborview Medical Center. After his final year as chief resident, Dr. Sampatacos completed a fellowship in sports medicine, arthroscopy, and reconstructive surgery at the prestigious Southern California Orthopedic Institute (SCOI) in Van Nuys, Calif.