



Colleagues Connect

SUMMER 2017

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Expanded Northgate Plaza Opens August 28, 2017

The Polyclinic's newly renovated and expanded clinic at Northgate Plaza opens on Monday, August 28, 2017. The 62,000-square-foot facility spans three floors and will house 31 specialties including a full-service lab and diagnostic imaging department. The Polyclinic will close its Northgate Meridian location at 11011 Meridian Ave. N. and move all physicians and staff into the new clinic at 9709 Third Ave. N.E., a few blocks south of Northgate Mall. Most providers start seeing patients at Northgate Plaza on August 28.

The Polyclinic Northgate Plaza is a part of a two-year expansion plan to meet the needs of a growing North Seattle population and better serve Polyclinic patients in the North end. Over the last year, 11 family medicine providers and eight specialists moved into the renovated second floor office space at Northgate Plaza. This summer, 47 additional providers will join them.

- **First floor:** Diagnostic Imaging
- **Second floor:** Colorectal Surgery, Dermatology, Family Medicine, Gastroenterology, General Surgery, Nephrology, Neurology, OB/GYN, Pediatrics, Polyclinic NOW walk-in clinic, Sleep Medicine, and Urology

- **Third Floor:** Acupuncture, Allergy, Anticoagulation Clinic, Audiology, Behavioral Health, Cardiology, Diabetes Education, Endocrinology, Glaucoma Consultants NW at The Polyclinic, Infusion Therapy, Internal Medicine, Lab, Lipid Clinic, Optometry, Ophthalmology, Otolaryngology (ENT), Podiatry, PM&R, Rheumatology, Sports Medicine and Vascular Ultrasound



The Polyclinic Hand Surgery Offers Increased Access

In August, orthopedic hand surgeon, Dr. Loryn Peterson starts seeing patients at The Polyclinic Downtown, 509 Olive Way, Suite 200, in addition to her main clinic location at The Polyclinic Madison Center. To contact Dr. Peterson, please call **206.860.4430**.

In September, Dr. Christopher Hein, orthopedic hand surgeon will be joining the Hand Surgery program in the Orthopedic Department at The Polyclinic Madison Center, 4th floor. To reach Dr. Hein, please call **206.860.5578**. Both practices offer diagnosis, treatment, and management of complex hand, wrist, and elbow injuries and disorders.



New Polyclinic Specialty Providers



Carl Brodie IV, AuD
Audiology

Locations: The Polyclinic Madison Center; The Polyclinic Northgate Plaza

Phone: 206.860.4642



Melanie Clemenz, MD
Dermatology

Locations: The Polyclinic Madison Center

Phone: 206.860.5571

Board Certification: American Board of Internal Medicine; American Board of Dermatology, Board Eligible



Jeonghun Daniel Moon, MD
Rheumatology

Locations: The Polyclinic Madison Center

Phone: 206.860.5580

Board Certification: American Board of Internal Medicine; Rheumatology and Rheumatology Musculoskeletal Ultrasound, Certification Eligible



Holly Sato, MD, FACOG
OB/GYN

Locations: The Polyclinic Madison Center

Phone: 206.860.4541

Board Certification: American Board of Obstetrics and Gynecology; Fellow, American Congress of Obstetricians and Gynecologists



Yuan Zhou, MD
Infectious Disease

Locations: The Polyclinic Madison Center

Phone: 206.860.4447

Board Certification: American Board of Internal Medicine; Subspecialty Board of Infectious Disease



Christopher Hein, MD
Orthopedic Hand Surgeon

Locations: The Polyclinic Madison Center

Phone: 206.860.5578

Board Certification: American Board of Orthopedic Surgery, Board Eligible

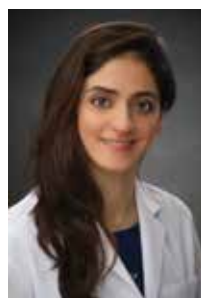


Ann Okpara, DNP, AGNP-BC
Urology

Locations: The Polyclinic Madison Center; The Polyclinic Northgate Plaza

Phone: 206.860.5474

Board Certification: American Nurses Credentialing Center



Mahnaz Mellati, MD
Endocrinology

Locations: The Polyclinic Madison Center; The Polyclinic Northgate Plaza

Phone: 206.860.5572

Board Certification: American Board of Internal Medicine; Subspecialty Board of Endocrinology, Diabetes & Metabolism

Improving Patient Lives Through Clinical Trials

The Polyclinic supports clinical research and has been offering our patients access to clinical trials for more than six years. Many of these trials involved therapies that have since been FDA approved and are now available treatment options. Many others have been recognized in respected scientific publications.

Most recently, Polyclinic gastroenterologist **Dr. Craig Pepin's** contributions as an investigator on a multi-center Phase 2B celiac disease trial were acknowledged in *Gastroenterology* (2017; 152:787-798). This trial studied the effect of different dose levels of latiglutenase administered for 12 weeks on reducing mucosal injury as well as celiac disease symptom frequency and severity.

Celiac disease is a serious autoimmune disorder that affects an estimated one in 100 people worldwide. Left untreated, celiac disease can lead to additional serious health problems, including bone disorders, infertility, cancer and an increase in overall mortality. Currently the only treatment option is a strict lifelong exclusion of dietary gluten, but even highly motivated patients may still experience inadvertent or background exposures to gluten. Thus, there's continued need for development of non-dietary therapies for patients affected by celiac disease.

The study was a critical step forward in a mission all health care providers share - to improve the lives of our patients. For additional information regarding clinical trials at The Polyclinic, including **Dr. Peggy Headstrom's** upcoming ulcerative colitis trial, please contact **206.860.5433** or **research@polyclinic.com**.

Current clinical trials enrolling new participants:

Anal Cancer Prevention in HIV Patients

Principal Investigator:
Juan de la Ossa, MD

Cognitive Impairment/Dementia

Principal Investigator:
Braden Nago, MD

Crohn's Disease

Principal Investigator:
Peggy Headstrom, MD

Migraine Headache

Principal Investigator:
Braden Nago, MD

Nephrotic Syndrome

Principal Investigator:
Anne Pesenson, MD

Rheumatoid Arthritis

Principal Investigator:
Anthony Krajcer, MD

Rosacea (Facial)

Principal Investigator:
Kim Abson, MD

Ulcerative Colitis

Principal Investigator:
Peggy Headstrom, MD