

## Featured Primary Care Providers Accepting New Patients at The Polyclinic

For help choosing a doctor who is right for you call our patient support team at **206.329.1777**

**Highlighted providers have greater access for new patients.**

### THE POLYCLINIC BALLARD



#### **Eileen Chang, MSN, FNP-C - Family Medicine**

Eileen earned her master's degree nursing at Texas Woman's University in nursing. She is a family nurse practitioner, and her interests include patient education especially in diabetes, hypertension, and hyperlipidemia management.



#### **Jorielle Bautista, MD - Family Medicine**

Dr. Bautista received her medical degree from Case Western Reserve in Cleveland, Ohio and she completed a residency in family medicine at Valley Medical Center in Renton, Wash. Her special interests include women's health, depression, anxiety and preventive care.



#### **Ruby Farooqi, MD - Family Medicine**

Dr. Farooqi earned her medical degree from Government Medical College in Srinagar, India, and completed her residency in family medicine at Mercy Health Partners Family Practice in Toledo, Ohio. Her interests include diabetes, hypertension, and management of other chronic diseases.



#### **Gary Rosen, MD - Family Medicine**

Dr. Rosen earned his medical degree from New York University. He completed a residency in family medicine at the University of Washington where he also held a fellowship in psychiatry, anthropology, and family medicine. His interests include preventive medicine, orthopedics, and management of chronic and multiple conditions.

### THE POLYCLINIC DOWNTOWN



#### **Phillip Arnold, DO - Family Medicine (Starts November 2018)**

Dr. Arnold received his medical degree from Des Moines University in Iowa. He completed his residency in family medicine at the University of Wisconsin in Madison and completed his fellowship training in sports medicine at Virginia College of Osteopathic Medicine at Virginia Tech. Dr. Arnold has special interests in preventive and acute care for all ages, non-pharmaceutical/lifestyle modification approaches to medical issues, sports medicine, concussion management, wilderness and travel medicine.



#### **Grace Chao, PA-C - Family Medicine**

Grace earned her master's degree in physician assistant studies from Medical University of South Carolina in Charleston. Her interests include preventive health, exercise and nutrition, pediatrics, and women's health issues.



#### **Jenna Green, ARNP - Internal Medicine**

Jenna earned her master's degree in nursing from University of North Dakota. She provides preventive care and urgent visits, as well as treatment for asthma, type 2 diabetes, hypertension, and minor skin conditions.



#### **Shane Jhooty, MD - Family Medicine**

Dr. Jhooty earned his medical degree at St. George's University School of Medicine in Grenada, West Indies. He completed his family medicine residency training at the University of Texas Southwestern in Dallas and also completed University of Arizona Integrative Medicine in Residency Training program. His interests include lifestyle medicine and incorporating evidence-based integrative medical approaches.



#### **Kelly Thompson, PA-C - Family Medicine**

Kelly earned her undergraduate degree from Dickinson College in Carlisle, Penn. and her physician assistant certificate at Saint Vincent Catholic Medical Centers. Her interests include sexual medicine, type 1 diabetes, and travel medicine.

### THE POLYCLINIC DOWNTOWN...continued



#### **Leslie Bailey, MD - Internal Medicine**

Dr. Bailey received her medical degree from the University of Texas Health Science Center in Houston. She completed her residency in primary care/internal medicine at George Washington University Hospital in Washington, D.C. Her interests include women's health and lifestyle/behavioral modification.



#### **Mark O. McCabe, MD - Internal Medicine**

Dr. McCabe received his medical degree from Pritzker School of Medicine at the University of Chicago. He completed an internship and residency in internal medicine from the University of Washington. He specializes in chronic disease, medical nutrition, and the importance of exercise and stress reduction.



#### **Cynthia Smyth, MD - Internal Medicine**

Dr. Smyth received her medical degree from Jefferson Medical College at Thomas Jefferson University in Philadelphia, Penn. She completed her internal medicine residency at The University of Washington. Before joining The Polyclinic, she practiced at Minor and James Medical for nearly 15 years. Her interests include preventive medicine and chronic conditions like diabetes and hypertension.

### THE POLYCLINIC MADISON CENTER



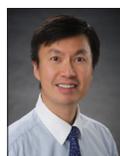
#### **Mark Anstadt, ARNP, AAHVMS - Internal Medicine**

Mark earned his master's degree in nursing from the University of Washington Family Nurse Practitioner program. He also holds a bachelor's degree in nutrition from Bastyr University in Kenmore, Wash. His interests include chronic disease management, preventive medicine, and HIV medicine.



#### **David Cameron - Internal Medicine (Starts November 2018)**

Dr. David Cameron earned his medical degree at the University of Kansas. He completed his internal medicine residency at the University of Cincinnati and Albany Medical Center. Dr. Cameron's practice includes primary care, preventive medicine and geriatrics. He enjoys helping patients prevent and manage chronic conditions including hypertension, high cholesterol, and diabetes.



#### **Christopher Chan, MD - Family Medicine**

Dr. Chan earned his medical degree and completed his family medicine residency at the University of Alberta Medical School. His interests include chronic conditions, joint injections, toenail and mole removal, cosmetic injections, and chemical peels.



#### **Will Curchin, ARNP - Family Medicine**

Will received his master's of science degree in nursing from Seattle University and is a certified family nurse practitioner. He enjoys caring for patients with both acute health concerns and chronic conditions such as diabetes, hypertension, and high cholesterol.



#### **Theodore "Theo" Edwards, MD - Family Medicine**

Dr. Edwards received his medical degree from American University of the Caribbean School of Medicine. He completed his family medicine residency at Hennepin County Medical Center in Minneapolis, Minn. Dr. Edwards provides comprehensive primary care for all ages with special interests in integrative health, sports medicine, and preventive medicine.



#### **Khaled Elghonemy, MD - Internal Medicine (Starts January 2019)**

Dr. Khaled Elghonemy received his medical degree from Cairo University in Egypt. He completed his first residency training in internal medicine and gastroenterology in Egypt. He completed his residency training in internal medicine at The Wright Center in Scranton, Penn. Dr. Elghonemy's special interests are preventive medicine, diabetes, high blood pressure, high cholesterol, smoking cessation, osteoporosis, men's health, mental health, and liver and gastroenterological diseases.

**ALL PROVIDERS LISTED HERE ACCEPT MEDICARE AND MEDICARE ADVANTAGE PLANS.**

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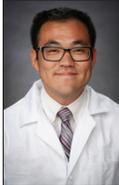
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**THE POLYCLINIC MADISON CENTER...continued**



**Joni Ghormley, ARNP - Internal Medicine**

Joni earned her master's degree in nursing from the University of Tennessee in Knoxville. Before joining The Polyclinic, Joni worked as a family nurse practitioner at Newcastle Primary Care/UW Valley Medical Clinic, Health South (now US Healthworks), and Pacific Medical Center in Renton, Wash. Her interests include preventive care, chronic disease management, and diagnosis and treatment of acute illnesses and injuries.



**Akira Kobayashi, MD - Family Medicine  
Family Medicine with OB**

Dr. Kobayashi graduated as a member of the medical honor society Alpha Omega Alpha from Loma Linda University School of Medicine in 2015 and completed his residency at Swedish Family Medicine – First Hill in 2018. Dr. Kobayashi practices the full scope of family medicine and has a special interest in addiction medicine (suboxone), obstetrics, psychiatric care, musculoskeletal injuries, and outpatient procedures.



**Maura O'Connor-Lenth, ARNP - Family Medicine**

Maura received her Master of Science in Nursing from Seattle Pacific University. Maura's primary interest is to provide effective care for both acute and chronic illness while promoting preventive medicine to optimize long-term wellness.



**Vicki Schaub, ARNP, NP-C, FNP - Internal Medicine**

Vicki earned her master's degree in nursing at Gonzaga University in Spokane, Wash. She provides preventive care, urgent visits, and chronic disease management.

**THE POLYCLINIC NORTHGATE PLAZA...continued**



**Claire A. Frost, MD - Family Medicine**

Dr. Frost received her medical degree from the University of Vermont Larner College of Medicine in Burlington. She completed her residency at Swedish Family Medicine – First Hill in Seattle. Her interests include women's health, sports medicine, and chronic medical conditions.



**Brianna Garvie, PA-C - Family Medicine**

Brianna received her master's in physician assistant studies at the University of Washington after working in the field for four years. Her interests include preventive medicine, well-child visits, geriatrics, diabetes education, skin biopsies and sutures.



**Geraldine Lee, ARNP - Family Medicine**

Geraldine received her master's degree in nursing from Seattle University. She received her certificate in midwifery from Seattle Midwifery School (now Bastyr University). Her interests include managing acute and chronic conditions, health disparities, prenatal and postpartum care, reproductive health, and cesarean healing.



**Rebecca Simons, MD - Family Medicine**

Dr. Simons earned her medical degree from Tufts University School of Medicine in Boston, Mass. and completed her residency at Valley Medical Center in Renton, Wash. She has special interest in women's health, pediatrics, and diabetes.



**Rachael Schuessler, MD - Family Medicine**

Dr. Schuessler received her medical degree from the Medical School for International Health and Medicine in Beersheva, Israel in collaboration with Columbia University. She completed her residency at Mercy Medical Center's Merced Family Practice in Merced, Calif. Dr. Schuessler cares for entire families.



**Kimberly L. Vanderzee, MD - Family Medicine  
Family Medicine with OB**

Dr. Vanderzee earned her medical degree from the University of Michigan Medical School in Ann Arbor. She completed her residency in family medicine at Swedish Family Medicine Residency, First Hill in Seattle. Her interests include reproductive health, obstetrics, LGBT health, and teen health.

**THE POLYCLINIC NORTHGATE PLAZA**



**Andrea J. 'Annie' Ball, MD - Internal Medicine**

Dr. Andrea 'Annie' J. Ball received her medical degree from the University of Washington and completed her internal medicine residency at the University of Washington and Virginia Mason medical centers. Dr. Ball provides comprehensive care, including diagnosing and managing chronic disease, helping patients stay up-to-date on preventive health, and tackling any acute concerns that arise.



**Anne M. Barnard, MD - Family Medicine  
Family Medicine with OB**

Dr. Barnard received her medical degree from University of Massachusetts Medical School, and completed her family medicine residency at Kaiser Permanente Washington in Seattle. Dr. Barnard provides full-spectrum family medicine and has special interests in obstetrics, women's health, LGBTQ care, and office-based procedures, as well as integrative medicine and nutrition.



**Reshma Desai, DO - Internal Medicine**

Dr. Desai earned her medical degree at Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Fla. She completed her internal medicine internship and residency at Plaza Medical Center of Fort Worth, Texas. She provides comprehensive primary care and her interests include diabetes, high cholesterol, and high blood pressure.



**Elissa Freudenberg, PA-C - Internal Medicine**

Elissa earned her master's degree in Physician Assistant Studies from Oregon Health & Science University in Portland, Ore. Elissa provides comprehensive primary care with an emphasis on prevention, diagnosis, and management of chronic diseases.